

RANGE OF MOTION (ROM) OF PARTS OF THE BODY

USED FOR WSIB PERMANENT IMPAIRMENT EVALUATION – ABNORMAL MOTION

NECK AND LOW BACK

**Flexion
Extension
Lateral rotation right
Lateral rotation left
Lateral flexion right
Lateral flexion left**

SHOULDER

**Flexion
Extension
Abduction
Adduction
Internal rotation
External rotation**

ELBOW

**Flexion
Extension
Pronation
Supination**

WRIST

**Dorsi-flexion
Palmer flexion
Lateral/Radial deviation
Medial/Ulnar deviation
Pronation
Supination**

HIP

**Flexion
Extension
Abduction
Adduction
Internal rotation
External rotation**

KNEE

**Flexion
Extension
Medial Laxity
Lateral laxity
Anterior laxity
Posterior laxity**

ANKLE

**Flexion
Extension
Eversion
Inversion**