IMPORTANT NOTICE REGARDING COVID-19

News about the novel coronavirus (COVID-19) outbreak continues to make headlines and has now been categorized as a global pandemic. Here at TEIBAS we want to keep you and your family safe, and informed. We’ve put together some information for COVID-19 related absences, and what you should do if you become ill or quarantined.

IF YOU ARE QUARANTINED OR ILL DUE TO COVID-19

If you are required to be under quarantine (as directed by a medical doctor or public health official) or ill due to COVID-19, please notify both your employer and the IBEW Local 353 Union Hall at 416-510-3530. The staff at the Union Hall will be able to provide you with the specific COVID-19 form that will need to be completed to apply for short term disability benefits.

Canada Life will consider paying STD benefits from the start of the quarantine period/illness. This way you don’t suffer financial hardship while you’re staying home to help fight the outbreak.

Normal eligibility requirements are still in effect for the short-term disability program. If you do not qualify under the short-term disability program, you can still apply for Employment Insurance (EI) Sickness Benefits. The Federal Government has waived the one week waiting period for COVID-19 related EI Sickness Benefit claims. Please visit their website at: www.canada.ca/en/services/benefits/ei/ei-sickness to apply.

COVID-19 SYMPTOMS

Individuals that may be infected with COVID-19 may have little to no symptoms or be aware that they have symptoms of COVID-19 because the symptoms are very similar to a cold or flu. Symptoms may take from 2 to 14 days to appear after exposure to COVID-19. This is the longest known infectious period for this disease.

Symptoms include:
- Fever
- Cough
- Difficulty breathing
- Pneumonia in both lungs

Most people develop only mild symptoms. But some people, usually those with other medical complications, may develop more severe symptoms which can be fatal.
**PROTECT YOURSELF**

There are currently no vaccines available to protect you against COVID-19. It is strongly recommended that all individuals take the following precautions to help reduce the risk of infection or spreading infection to others:

- stay home if you are sick,
- cover your mouth and nose with your arm to reduce the spread of germs when coughing or sneezing,
- dispose of any tissues you have used as soon as possible and wash your hands afterwards,
- frequently wash your hands with soap and water for at least 20 seconds,
- avoid touching your eyes, nose, or mouth with unwashed hands,
- avoid visiting people in hospitals or long-term care centres if you are sick.

**TRAVEL RELATED INQUIRIES**

For all inquiries related to out-of-country medical emergency, and travel assistance, or if you become ill while travelling, please contact **Global Excel at 1-866-870-1898**.

Travel advisories issued by the **Government of Canada** can impact travel insurance coverage. Please visit [https://travel.gc.ca/travelling/advisories](https://travel.gc.ca/travelling/advisories) to confirm if your intended travel destination is impacted by any travel advisory, prior to booking or departing on your trip.

**STAY INFORMED**

For the latest information on COVID-19, please visit the following **Government of Canada** websites:


For more details regarding benefit coverage please log into **myteibas.com/login** or contact TEIBAS directly at **416-637-6789** or toll-free at **1-800-267-0602**.

For claim inquiries and detailed personal benefit coverage information, contact Canada Life directly at **1-844-232-4239**.